Coronavirus COVID-19



Who is at Risk?

- Anyone who has been to an affected region in the last 14 days
 AND is experiencing symptoms
- Anyone who has been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days
 AND is experiencing symptoms

How to Prevent



Wash your hands well and often to avoid

contamination



your mouth and nose with a tissue or sleeve when coughing or sneezing and discard

used tissue



Avoid touching eyes, nose, or mouth with unwashed hands



Cleanand disinfect
frequently touched
objects and surfaces

The Symptoms

> A Cough > Shortness of Breath > Breathing Difficulties > Fever (High Temperature)

Affected Regions

Check the list of affected regions on www.hse.ie

What to do if you are at risk

I've been to an affected region in the last 14 days and

I <u>HAVE</u> symptoms

- **1.** Stay away from other people
- 2. Phone your GP without delay
- 3. If you do not have a GP Phone 112 or 999

I DO NOT HAVE symptoms

For advice visit www.hse.ie

I've been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days and

I <u>HAVE</u> symptoms

- 1. Stay away from other people
- 2. Phone your GP without delay
- **3.** If you do not have a GP Phone 112 or 999

I DO NOT HAVE symptoms

For advice visit www.hse.ie

For Daily Updates Visit

www.gov.ie/health-covid-19 www.hse.ie



